

Social Work Workshop

Shattering Boundaries:

Creating a world where disability is not a barrier

17 JUNE 2023, SAT
10AM - 12.30PM
R208, MCKL

Calling all Social Work Professionals

SPEAKERS



Jolyn Hong
Senior Lecturer



**Nur Atikah Izzati
binti Abdul Razak**
Lecturer

ABOUT THE WORKSHOP

This workshop aims to enhance the quality of life not only for people with disabilities but also for their caregivers. MCKL recognize that caregivers play a crucial role in the lives of those they care for and often overlook their own well-being. Therefore, in addition to focusing on the mental and emotional health of people with disabilities, this workshop will also provide relaxation techniques and stress management methods to support caregivers in managing their stress effectively. The goal of this workshop is to provide a safe and supportive environment for all participants to learn and grow.

WORKSHOP HIGHLIGHTS

- An overview of disability
- The professional response towards disability
- Role-play based on scenario given
- Reflection & debrief
- Effective ways to manage stress

**FREE ENTRY
RSVP NOW!**

FOR MORE INFORMATION

✉ **Ms Samantha Ghouse** at samantha.ng@mckl.edu.my

🌐 <https://tinyurl.com/mckl-dsw-workshop-2>

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